

## **Dynamometer programme: Hand Rehabilitation in Zimbabwe**

Zimbabwe is a developing country that has experienced an economic crisis over the last decade. Due to the economic crisis experienced in Zimbabwe, most of our clinics lack basic equipment for hand assessment and therapy. Dr FC Muchemwa, a plastic surgeon managed to conduct a refresher workshop at the department of Rehabilitation, University of Zimbabwe from the 16-19 January 2018. Participants for the workshop included both students and qualified physiotherapists and occupational therapists. The workshop was facilitated by Magan Blakeway and Anne McGregor from St George's Hospital University of London. Topics covered included assessments of hand injuries, burns, nerve injuries, congenital deformities and splinting among other topics.



Prof. Masanganise, Dean, College of Health Sciences, The University of Zimbabwe received the hand Dynamometer from the International Federation of societies for Hand Therapy, together with Ms. Chikwanha, chairperson, Department of Rehabilitation (Ms Chikwanha).



Occupational Therapists and Physiotherapist practice assessments using the hand dynamometer, during a clinical skills workshop in Zimbabwe